

SUB-ACUTE *Connection*

Back to What Matters!

SPRING, 2010

What's New?

South Shore Healthcare has completed more of its planned facility renovation and enhancement project. Completed just this past January, the main lobby was fully redecorated. As shown below, the colors chosen are to represent the beauty of life on the South Shore of Long Island.



A welcoming sight... the new main lobby area at South Shore Healthcare.

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WAY TO GO!

The NY State Dept. of Health conducted its annual recertification survey at South Shore Healthcare in Feb. 2010. The 4-day inspection resulted in South Shore being in full compliance with all regulatory requirements and no deficiencies cited. Mrs. Doyle praised the staff for having achieved this accomplishment.. "It is a true testament to the team work, dedication and excellent quality of care to achieve a perfect survey!"



Against The Odds ...

At the end of December of 2009, Mrs. Pembleton Mayo went to the hospital with respiratory failure as a result of having pneumonia. She was 68 years old, placed on a ventilator, and completely unable to move or care for herself in any way. In early January, she was admitted to South Shore Healthcare.

Upon arrival, she was ventilator dependant at all times, required a mechanical lift for all transfers and was unable to ambulate.

Mrs. Mayo then began a magnificent transformation with the help of the highly trained staff from South Shore's Respiratory Care, Nursing, and Physical, Speech and Occupational Therapy Departments. Remarkably, in just 6 weeks time, Mrs. Pembleton Mayo was completely removed from the ventilator and was able

to walk, dress, transfer, bathe and climb stairs by herself. She walked out of South Shore Healthcare on April 8th and was discharged home. Mrs. Mayo credits the excellent care she received from her therapists, Diane and Judy for giving her the will and the motivation to work on



Mrs. Mayo (L) works on her therapy prior to returning home with Physical Therapy Assistant and valued South Shore staff member, Judy Zegel.

getting stronger, even on days when she didn't feel like trying. "They always took the time to listen and provide me with encouragement and helped me to work harder." stated Mrs. Mayo. "When I was able to finally walk to the end of the corridor, I felt like I received a million dollars!"

Mrs. Mayo has continued to become stronger since her return home and will always be grateful to the staff at South Shore.



Renovations & Enhancements

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An even more recent renovation includes the completion of the main dining room and family meeting/private dining room which was finished in February.

Other, more technological enhancements include the availability of wireless internet access for patients



South Shore's bright and cheerful new second floor dining room.



The newly renovated and redecorated private dining room/family meeting room at South Shore Healthcare.

throughout the facility and soon, the conversion to electronic medical records for patient and medical data. Watch for future updates on these and other on-going service and facility enhancements at South Shore!

the Critical Care Department at Winthrop University Hospital where she remained for the next five years. Now, with added experience, she was offered the opportunity to rejoin the staff at South Shore, this time as Assistant Director of Nursing.

Although she enjoyed her job at Winthrop, Areseli shares, "I'm happy to come back to work at a place I love and am familiar with. It is great to again work with my co-workers whom I consider to be extended family." It is also closer to her home and allows her to care for her neighbors and friends.

As part of her role as Assistant Director of Nursing, Areseli works with her team as the wound care Nurse and also has a key role in infection control prevention and tracking.

Areseli continues to reside in her home town of Freeport with her husband and three year old son. "We are very happy that Areseli has made the decision to again be part of our team at South Shore Healthcare. Our residents and patients will benefit greatly from her experience." stated Executive Director, Cathie Doyle.



Staff Spotlight!

Areseli Osson, RN, serves as Assistant Director of Nursing Services at South Shore Healthcare.

A life-long resident of Freeport, and graduate of Freeport High School, Areseli originally began working at South Shore Healthcare in 1994. At that time, she worked as a Licensed Practical Nurse at the facility and continued her education to become a Registered Nurse. After obtaining her RN and working a few more years at South Shore, Areseli made the choice to work in an acute care setting and joined



VENTILATOR-WEANING SUCCESS...

South Shore Healthcare proudly announces it's 2009 Ventilator-Weaning Success Rate.

79%

This means that 79% of the possible candidates for ventilator-weaning were successfully removed from ventilator dependence - an outstanding outcome!



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