

SUB-ACUTE *Connection*

Back to What Matters!

Against The Odds ...

The morning of January 12, 2009 changed the life of Mike Tyson forever. A tractor-trailor driver by trade, Mr. Tyson was unexpectedly pinned under a granite slab that had been improperly placed into his truck. Emergency crews rushed him to Stony Brook University and was told that an amputation of one leg was needed only to hear, 2-weeks later, that the second leg also had to be amputated. After a rough beginning, he requested admission to South Shore Healthcare and was transferred for short-term rehabilitation and



Mike Tyson learned to walk again thanks to South Shore Healthcare.

skilled nursing in mid-February. It was there that he was ultimately fitted with new prosthetic legs and learned again how to walk. Despite two subsequent bouts with infection, he progressed amazingly. Mr. Tyson recalls that “everyone was great” and that he



made a lot of friends during his time there. Many of the seniors at the facility shared that they found him to be an inspiration to them while he found strength and hope in them.

On June 18th, Mr. Mike Tyson was discharged from South Shore able to walk again with the assistance of only a walker. He credits the entire staff at the facility for his recovery along with his grand-daughter and girlfriend who were there at his side. He regularly returns to South Shore to visit and hopes to again drive a tractor-trailor one day!

Over 30 Years of Service!

Eugenia “Lynn” Kusky, CNA

DATE OF HIRE: April, 1966

Vinnetta Green, CNA

DATE OF HIRE: January, 1975

Sharon Ingram, CNA

DATE OF HIRE: May, 1975

Anna Bean, Housekeeper

DATE OF HIRE: September, 1972

Sandy Kistela, Housekeeper

DATE OF HIRE: August, 1974

FALL, 2009

50 Years of Making a Difference!

This year marks over 50 years that South Shore Healthcare has been serving the community. While much has changed on Long Island in those 50+ years, South Shore Healthcare has remained available to its community ... quietly serving and consistently providing outstanding quality care. For many Long Islanders and their families, South Shore Healthcare has been a comfort; whether through receiving solid quality health care for a loved one or themselves, or just simply through knowing South Shore is there should the need ever arise.

From its beginnings in 1957, South Shore Healthcare’s long-term care nursing facility became known for its wonderful caring staff, top-notch services and family-like atmosphere ... quickly establishing it as the area’s facility of choice. In the late 80’s, South Shore pioneered expanded services within a traditional nursing home setting and was among the very first to offer sub-acute rehab services on the East Coast. It was then that area residents were first able to avail themselves of short-term

services at South Shore Healthcare such as physical therapy, occupational therapy, speech therapy, IV therapy, wound care, pain management and more after a hospital stay. “The availability of these services in a non-hospital, or sub-acute, setting offered patients the benefit of additional strengthening and skilled nursing care in a more affordable and relaxed setting before transitioning back home.” stated Director of Sub-Acute Services, Daniel Raj. Patients who entered the sub-acute program at South Shore experienced improved outcomes and were better prepared to return home and resume their daily lives than if they returned home immediately from the hospital. This successful model of care set the stage for the prevalence of sub-acute rehab and short-term skilled nursing services in nearly all East Coast nursing homes today.

Yet another milestone was reached in 1993 when South Shore opened one of the first ever dedicated sub-acute respiratory and ventilator-weaning units. This unique 24-bed program has since returned hundreds of patients, many of whom were thought to be ventilator-dependent for the rest of their lives, home completely vent-free. South Shore’s highly trained and skilled respiratory therapists and professionals along with excellent rehabilitation professionals work as a team to continue to produce outstanding rates of success since the program’s inception.

Having focused on South Shore’s many varied programs and services, still what has remained a constant and what makes South Shore special is

it’s staff. Throughout the many years of service, the letters, cards, surveys and comments have always been about the facility’s outstanding, highly trained and caring staff. Dedication is part of the reason ... South Shore’s leadership team collectively offers over 100 combined years of experience! Cathie Doyle, MPA, L.N.H.A. Executive Director is part of this legacy of experience as she has followed in her mother, Lynne Geraghty’s, footsteps by serving as Administrator. “Our dedicated and extremely caring staff is what really sets us apart here at South Shore.” stated Cathie. “They really go the extra mile for our patients and residents with compassion, patience and professionalism. Satisfaction surveys over the years have remained at a consistent 95% overall percentage and we are extremely proud of that fact.”



Staff Spotlight!

Rosie Zenny, RRT, BS, MA serves as Lead Therapist of Respiratory Therapy Services at South Shore Healthcare.



In this critical role, Rosie is responsible, along with Nursing, for directing a 14 person team who is charged with caring for the patients in the facility’s 24-bed dedicated respiratory/ventilator-weaning unit. She has worked for nearly fourteen years in the field, primarily at Maimonides Medical Center and New York Hospital as a registered respiratory therapist

- at that time, specializing in neo-natal respiratory care. During her time this past year with South Shore, Rosie worked with staff to implement many service enhancements including the purchase of new equipment and devices and patient safety/ infection control procedures.

“I love working with geriatrics and the team approach we use at South Shore.” stated Rosie. “We meet every morning to discuss progress for each patient so that everyone is on the same page - it’s beautiful how it works together!”

Rosie acknowledges the hard work of her team of expert respiratory therapists at South Shore. “Because we’re small, we are able to offer truly personalized, custom service to our patients which I love”. South Shore is one of the only facilities to offer sub-acute ventilator-weaning and respiratory care in the region. The facility has consistently provided outstanding patient satisfaction and successful vent-weaning percentages for their patients since the unit opened in 1993. Rosie resides in Rockville Centre with her husband and three children.



275 W. Merrick Rd. Freeport, NY 11520

Executive Director

Cathie Doyle, M.P.A., L.N.H.A.

Director of Sub-Acute Services

Daniel Raj, M.B.B.S., M.P.H.

www.southshorehealthcare.net

Medicare/Medicaid Certified
Most Insurance Accepted

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